

## Product Specification

#### 1. Master data

| Client          | Internal                  |              |           |
|-----------------|---------------------------|--------------|-----------|
| Product         | Orthofortin B-Komplex     |              |           |
| Article number  | 4270000073526             |              |           |
| EAN-Code<br>PZN | 4270000073526<br>15329906 |              |           |
| Dosage form     | Tablet (30)               | Shelf life   | 36 months |
| Weight per unit | 450 mg                    | Measurements | 10 mm     |

#### 2. List of ingredients

List of Ingredients in descending order, active ingredients quantitatively

| No. | Ingredient                 | A=active<br>I=inactive | Amount of active agent | Unit | Active ingredient | Category of additive |
|-----|----------------------------|------------------------|------------------------|------|-------------------|----------------------|
| 1   | Microcrystalline cellulose | I                      | (280)                  | (mg) |                   | Bulking Agent        |
| 2   | Potato starch              |                        | (81,39)                | (mg) |                   | Bulking Agent        |
| 3   | Pantothetic acid           | A                      | 25                     | mg   | Vitamin B5        |                      |
| 4   | Niacin                     | A                      | 15                     | mg   | Vitamin B3        |                      |
| 5   | Thiaminnitrat              | A                      | 15                     | mg   | Vitamin B1        |                      |
| 6   | Riboflavin                 | A                      | 15                     | mg   | Vitamin B2        |                      |
| 7   | Pyridoxinhydrochlorid      | A                      | 10                     | mg   | Vitamin B6        |                      |
| 8   | Magnesium stearate         | I                      | (4)                    | (mg) |                   | Anticaking agent     |
| 9   | Silicon dioxide            | I                      | (4)                    | (mg) |                   | Humectant agent      |
| 10  | Folic Acid                 | А                      | 450                    | μg   |                   |                      |
| 11  | Biotine                    | А                      | 150                    | μg   | Vitamin H         |                      |
| 12  | Cyanocobalamin             | А                      | 10                     | μg   | Vitamin B12       |                      |

Microcrystalline cellulose (BA), Potato Starch (BA), Pantothetic acid, Niacine, Thiamin hydrochloride, Riboflavin, Pyridoxine hydrochloride, Magnesium salts of fatty acids (ACA), Silicon dioxide (ACA), Folic Acid, Biotine, Cyanocobalamin (BA = Bulking agent, ACA = anti caking agent)

Mikrokristalline Zellulose (FS), Kartoffelstärke (FS), Pantothensäure, Niacin, Thiaminhydrochlorid, Riboflavin, Pyridoxinhydrochloride, Magnesiumstearat (TM), Siliziumdioxid (TM), Folsäure, Biotin, Cyanocobalamin (FS = Füllstoff, TM = Trennmittel)



### 3. Allergens and food intolerances

The product contains substances causing allergies or intolerances according to Annex II of Regulation (EU) No. 1169/2011.

| Х | NO  | Contains   |  |
|---|-----|------------|--|
|   | YES | Ingredient | Cereals containing gluten, namely: wheat (such as spelt and Khorasan wheat), rye, barley, oats or their hybridised strains, and products thereof (Comment: Contains mannitol derived from wheat and/or maize). |
|   |     |            | Crustaceans and products thereof   |
|   |     |            | Eggs and products thereof  |
|   |     |            | Fish and products thereof  |
|   |     |            | Peanuts and products thereof   |
|   |     |            | Soybeans and products thereof  |
|   |     |            | Milk and products thereof (including lactose)  |
|   |     |            | Nuts (i.e. almond, hazelnut, walnut, cashew, pecan nut, Brazil nut, pistachio nut, macadamia nut and Queensland nut) and products thereof  |
|   |     |            | Celery and products thereof  |
|   |     |            | Mustad and products thereof  |
|   |     |            | Sesame seeds and products thereof  |
|   |     |            | Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of total SO <sub>2</sub>   |
|   |     |            | Lupin and products thereof   |
|   |     |            | Mollusc and products thereof   |

\*Exempt from allergen labelling according to Annex II of Regulation (E) No 1169/2011

#### Genetic engineering:

For the above mentioned product there is no obligation of g.m.o. labelling as defined by the Regulations (EC) No 1829/2003 and 1830/2003 of the European Parliament and the Council of 22<sup>nd</sup> September 2003.





## 4. Further details

# 4.1 Nutritional information

| Nutrient content | Per 100 g |      | Per Unit (450 mg) |      |
|------------------|-----------|------|-------------------|------|
| Energy           | 1357      | KJ   | 6,137             | KJ   |
|                  | 319       | Kcal | 1,444             | Kcal |
| Fat              | 0         | g    | 0                 | g    |
| - saturated      | 0         | g    | 0                 | g    |
| Carbohydrates    | 79,86     | g    | 0,361             | g    |
| - sugars         | 0         | g    | 0                 | g    |
| Protein          | 0         | g    | 0                 | g    |
| Salt             | 0         | g    | 0                 | g    |

| Nutrient         | unit | Per serving 1 Tablet | In 100 g | %RI / tablet |
|------------------|------|----------------------|----------|--------------|
| Pantothenic acid | mg   | 25                   | 5,907    | 445          |
| Vitamin B3       | mg   | 15                   | 3,31     | 93,75        |
| Vitamin B1       | mg   | 12,15                | 2,69     | 1105         |
| Vitamin B2       | mg   | 15                   | 3,31     | 1071         |
| Vitamin B6       | mg   | 10                   | 2,212    | 714          |
| Folic Acid       | μg   | 450                  | 0,099    | 225          |
| Vitamin H        | μg   | 150                  | 0,0331   | 300          |
| Vitamin B12      | μg   | 10                   | 0,0026   | 47           |
|                  |      |                      |          |              |
|                  |      |                      |          |              |

\*DAILY REFERENCE INTAKES according to the Regulation (EU) No 1169/2011 of the European Parliament



# 4.2 <u>Other</u>

## Description:

Declared unit

Tablet

Sensory test of Tablet Form round Surface almost smooth Colour yellow Odour characteristic Taste characteristic

# Microbiology:

| Total viable aerobic count | <= 1 000 cfu/g         |
|----------------------------|------------------------|
| Yeast/Mould                | <= 100 cfu/g           |
| Escherichia coli           | not detectable in 1 g  |
| Salmonella                 | not detectable in 25 g |

Typical analysis based on random sampling. (cfu = colony forming units)

| Created/amended     | 30.10.2018   | by: | Dr. A. Lemke |
|---------------------|--------------|-----|--------------|
| on:                 |              |     |              |
| Released by client: | Dr. A. Lemke |     |              |

